

Alternative Medical Assignment

Physical Activity Research Project

Directions:

- **You must hand a doctors note in to the school nurse and your PE teacher before you can use this assignment to get PE credit.**
- You are required to complete a different assignment for each unit you miss if you are unable to participate for an extended period of time. (For example, if you miss the entire 2nd quarter due to injury or illness you would have to complete 3 assignments because there are 3 different units during the second quarter.)
- Choose a physical activity (sport, game, etc.) and research it using the internet.
- You are responsible for answering all questions regarding the activity you choose using the internet.
- This assignment must be **TYPED**.
- *Include the internet address and name for each website you use.*
- Each assignment is **DUE at the end of the unit** you have missed due to your injury or illness.

Questions to complete:

- 1) **What are 5 fundamental rules of your selected activity?**
- 2) **Examine 2 countries where your chosen activity is currently played.** You must include types of leagues (professional, college, high school, recreational, etc) and who participates (males, females, age groups, level) for each country. Make sure you include websites name and address where you found the information.
- 3) **Write a 2 paragraph summary of a current event that is happening or has happened within the last 6 months within the activity you selected.** Examples: Steroid use in baseball, bullying in NFL, local rivalries, etc. Make sure you include the web site name and address where you found your information.
- 4) **If you were to explain to someone how to get involved in this activity, what would you tell them?** You must include: equipment, prices, how to train for the activity, and where in the community the activity can be played. Make sure you include the web sites name and address where you found the information.